

# topside *Lite*

Vol. 2, No. 1 Published by 5th Northern District - U.S. Coast Guard Auxiliary Winter 2011

Highlighting noteworthy and interesting happenings in 5NR

**In This Issue!**

Two Programs that YOU can do  
in Your Area that Help the Coast  
Guard and make a Big Difference!



**Operation:  
Fireside**



**Coast Guard  
Tour Guides**



**2011 DISTRICT SPRING CONFERENCE  
DOLCE VALLEY FORGE RESORT**

# Lubber's Line

Introducing a new section featuring insights and information from DIRAUX and EXCOM. Lubber's Line will regularly appear in TOPSIDE and TOPSIDE Lite.

## Focus on Goals

by Eugene "Gene" Morris, DCAPT-E



More than ever before we are seeing a variety of changes, challenges, and new opportunities in the Coast Guard Auxiliary. One of the many things that have not changed is our need to stay focused on our goals.

We are becoming more familiar with the 5NR Strategic Plan and RBS Tactical Plan. The 5th Northern has issued these plans and they are available for you to read on the 5th Northern Website. These plans contain several goals and provide a good resource for highlighting issues that are important to us and our future success.

In itself, it seems easy enough to set goals. There are many reasons goals are important to a successful mission. Goals build our self confidence and give us a vision of what we do and where we want to go. Goals also provide us with a way to measure our achievements.

In the Coast Guard Auxiliary most of our goals are related to Safety, Environmental Concerns, Public Service and Fellowship coupled with our Coast Guard mission support activities. Some of the more personal goals we think about are family, personal development, financial planning and our career path.

One approach planning our goals is to use the SMART GOAL format. Broken down this means that a goal should contain the following characteristics:

### SMART GOALS

**S - Specific   M - Measurable   A - Attainable   R - Relevant   T - Timely**

Goals are only limited to our imagination and resources. Here are some thoughts to consider when working with setting goals.

1. Always write your goals down. This will help when making sure the goal conforms to the SMART system. Always express a goal in a positive way.
2. Break the Goal down into smaller pieces or segments if it appears to be too large or non specific. Pay attention to details such as dates, locations, responsibilities and cost. Here is where we answer specific questions about the goal such as who, where, and when we want to plan an event.
3. Put your goals into an action plan for your flotilla. Create a 1 year action plan to start, and then expand to a five-year action plan. Goals give you a long term view but will also provide a short term motivation.
4. Make sure you can achieve a goal. It should not be too easy, but not too hard. Keep operational goals small at first. Expand as you progress with a program. We can become disheartened if we try to do too much at once.
5. Keep a goal under control. We will give up if too many things happen that are beyond our ability to control.
6. Consider splitting a goal into two categories. Goals can be developmental as well as performance related. Always look at what needs to exist, such as skills, before thinking about outcomes as measurable performance. Always work on the developmental part of a goal first.
7. Make sure everyone agrees with the goals. The goal must also serve all the membership's desire and interest.
8. Celebrate a goal you have reached. This helps build self confidence for the membership.
9. Review your goals. Adjust the goal if needed or if it seems too hard or easy to reach. Never be afraid to change. As you learn new things, apply the knowledge to future goal setting.
10. There is no failure in not reaching a goal if we learn something. Each lesson can strengthen us in our missions. Remember that Goals are important because they guide us, motivate us, build confidence and increase our vision.

As we begin 2011, I thank all of our membership for your continued contributions and commitment. Best wishes for a healthy and successful New Year.



Tim and Tristan

## Interested in Participating?

The Red Cross of Cape May County is always seeking approximately 600 families to match up with recruits for the Christmas holiday. Christmas gifts are not permitted back on base, so families often give recruits the gift of allowing phone calls to families back home. It's also a wonderful social opportunity. Some sleep. Recruits in training weeks seven through three are permitted to participate in Operation Fireside. Anyone interested in participating in Operation Fireside for Thanksgiving and / or Christmas should contact the Cape May County American Red Cross Chapter at 465-7382.

## OPERATION: Fireside

Gene Morris DCAPT-E shares a story about a program that brings so much to new Coast Guard recruits during the Holidays.

As Christmas day dawned quite nicely, no one knew that it would get quite chilly as the day progressed. But, all in all, the day turned out very nicely for two recruits from TRACEN who had just finished their fourth week at the Base. Our newly elected Flotilla Commander Joe Smith and his wife Laurie made the trip from Berlin, NJ to TRACEN and with the cooperation of the American Red Cross under the name of Operation Firesides they were able to pick up these two recruits and take them home with them for a home cooked Christmas dinner and some plain old, away from home, fellowship.

Tim, a 19 year old from Las Vegas and Tristan, 27, from Miami were picked up at noon and taken to the Smith residence. They were fortunate to be able to speak with Joe's son who is home on leave from New Orleans where he is a P.O. 3rd class Gunners Mate.

They had the opportunity to call family and friends and post lots of pics on Facebook after which they had a sumptuous Christmas Dinner. I'm sure they both enjoyed the time away from the base and the new friends developed that day.

A tip of the hat and a hearty thank you to the Smith Family for their generosity in sharing the warmth and friendship of their family with our new family members.

Best wishes for the New Year and thank you for allowing us to experience this with you.



JOE SKUTLIN FL81 DURING  
UTL TRAINING ON A  
GLORIOUS NOVEMBER  
EVENING



LENORE AND BILL  
DONOHUE FL83 ENJOYING  
A COW FELLOWSHIP



## Touring Coast Guard Training Center Cape May

James McClellan FL82 shares his experiences from participating with other Auxiliarists as Tour Guides at TRACEN. YOU may also participate as a Tour Guide at a Coast Guard unit in your area.

Do you remember that strange warm feeling you get when you revisit a place from your earlier years? The memories of the house you grew up in, your old neighborhood, or the school you attended? Well, the USCG Training Center Cape May base tours can and has rekindled such memories for many veterans.

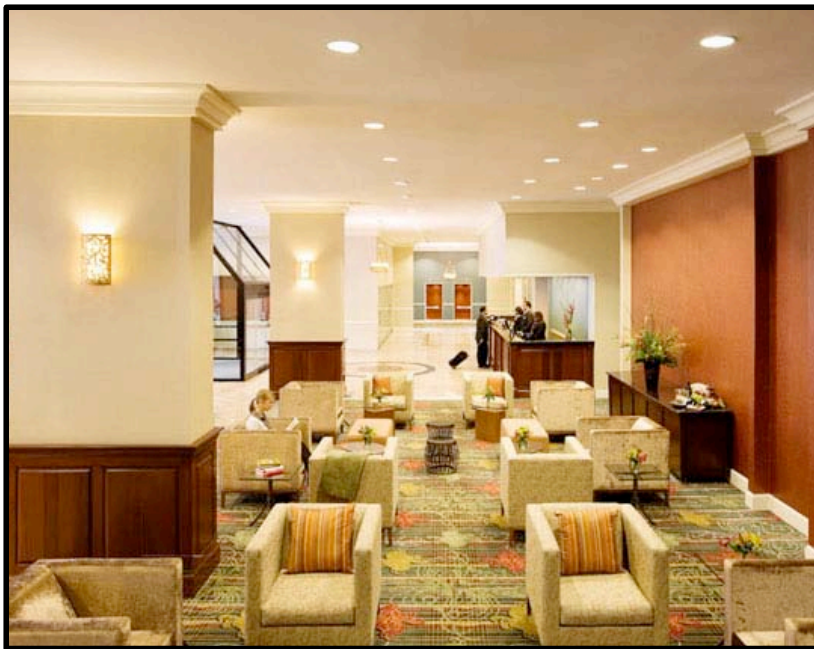
Recently, I was privileged to assist in a tour for a gentleman, Lou Waller who was stationed at the Training Center in the 1940's. Lou participated in action in the North Atlantic during World War II. Now in his mid-eighties, he was given a chance to reminisce thanks to the hospitality of the United States Coast Guard and its team of dedicated tour guides - all CG Auxiliarists.

Lou's friend, also a CG veteran joined him on the tour. These former servicemen and their families were provided a guided tour of the base with the highlight for them being a tour of one of the 210-foot cutters. The joy on their faces and the appreciation they conveyed is something I'll long remember.

PHOTO MONTAGE OF TRACEN TOURS CONDUCTED BY AUXILIARISTS BY JUDY DEMPSEY, FL-82







The District's 2011 Spring Conference and Awards Banquet will be held at the Dolce Valley Forge. This beautiful resort offers what Auxiliaries deserve: Great accommodations for attendees, spacious areas for classes and events, wonderful amenities for fellowship and families, and centrally located within the District for ease of travel.

Some of the activities attendees can expect include Flotilla Leadership Course, Coastie training, ICS 210, AUXSEA Specialty Course, Paddle Craft, AuxChef, Publication Course, Strategic Plan Development, How to Recruit and New Member Processing & Development, Grant Writing, and Legal Policies.

Of course, plenty of fun and fellowship will be had at exhibits, dining events, ceremonies, and hospitality venues.

See you there!



**NORMAN FEHR FL49 TEACHES THE MANY ASPECTS OF PADDLE SPORTS**

**LEARN MARLINSPIKE SKILLS FROM THE PROS!**





# USCG AUXILIARY FIFTH DISTRICT NORTHERN REGION 2011 SPRING CONFERENCE REGISTRATION AND SCHEDULE

Ahoy to all of the members of the 5<sup>th</sup> Northern! We hope you will come to register for the Spring Conference. If you have attended the most recent Fall Conference you have witnessed how successful it was. We plan to make the Spring Conference even better. This starts with the centrally located conference hotel. We will be at the Dolce Valley Forge Hotel located in King of Prussia, PA. We encourage you to make plans to attend.

The newly elected District officers look forward to meeting each of you and working with you to make the 5<sup>th</sup> Northern Auxiliary the best it can be. These conferences include much more than just what classes you can attend. Enjoy fellowship and get to know members from different areas, and learn from these great District Instructors. There is also the opportunity to meet USCG members and Officers. As a participant in the Auxiliary, the two Conferences we have each year will expand your Auxiliary experience and learning, but only if you attend.

We encourage you to come and stay at the hotel. The hotel has restaurants, a game room, lounge, fitness room and much more. This 327-room hotel recently had a 20 million-dollar renovation and is very modern and state of the art. The hotel is located across the street from the huge King of Prussia mall.

The conference is loaded with classes and sessions everyone will find useful. Plan to attend and read the word so your entire Flotilla knows about the conference. Share rooms, carpool, take a bus but do not miss out on this important District activity. Come for the conference, learning, fun and fellowship all in one. We hope to see you at this conference!

**Kevin & Vickie Tyler**  
**Conference Coordinators**



## **Friday, March 25, 2011**

1130-1600 Golf Outing  
**1200-1730 Registration Desk Open (Lobby)**  
 1200-1600 TCT (Part 1)  
 1200-1730 ICS 210 (Part 1)  
 1300-1700 Navigation Rules (Part 1)  
 1300-1730 Flotilla Leadership Course (Part 1)  
 1300-1730 AUXCOM (Part 1)  
**1800-1930 Member's Dinner**  
 2030-2130 District Staff Officers' Meeting  
 2030-2200 DCDR's & VCDR's Meeting  
**2130-2330 "Welcome Aboard" Party**

## **Saturday, March 26, 2011**

**0630-0830 Members Buffet Breakfast**  
 0700-1130 **Registration Desk Open (Lobby)**  
 0800-1700 **Trade Show - Vendors**  
 0800-1200 **District Board Meeting**  
 0800-1200 ICS 210 (Part 2)  
 0800-1200 TCT (Part 2)  
 0800-1200 Navigation Rules (Part 2)  
 0800-1200 AUXCOM (Part 2)  
 0800-1200 Operations Workshop/GAR model  
 0800-1200 VE Tactical Plan  
 0800-1200 Flotilla Leadership Course (Part 2)  
**0930-0945 General Coffee Break**  
 0930-1200 Spouse/Guest Program  
 1000-1200 Color Guard Training  
 1000-1200 Paddle Sports

## **1215-1400 Awards Luncheon**

1400-1600 PA (Public Affairs) Social Media  
 1400-1700 PE Tactical Plan  
 1400-1700 Communications Workshop  
 1400-1700 Navigation Rules (Part 3)  
 1400-1700 Flotilla Leadership Course (Part 3)  
 1400-1700 AUXCOM (Part 3)  
 1400-1700 Operations Workshop/GAR model (repeat)  
 1400-1700 Strategic Planning  
 1400-1700 Operational Excellence  
 1530-1630 DCDR's & VCDR's meeting w/DIRAUX  
**1730-1830 Cocktail Hour**  
**1830-2200 Banquet**  
**2200-2330 Hospitality Suite social for ALL members**

## **Sunday, March 27, 2011**

**0730-0900 Members' Breakfast**  
 0830-1000 Past Captains' Breakfast  
 0900-1100 AUXCOM Exam (Part 4)  
 0900-1100 Navigation Rules Exam (Part 4)



# WHAT CLASS SHOULD I TAKE?

**ICS 210:** Required for Coxswains, Pilots and Trident members. All leaders and crew should take it as well. Don't miss your opportunity to take this much-needed program.

**TCT:** This is the full 8-hour class for those needing the five year qualification or for first time takers.

**Flotilla Leadership Course:** The FLC provides an organizational framework and resources to successfully manage Flotillas. It orients participants by presenting leadership and management concepts and providing tools and other online resources. This program is designed for new members and those wishing to learn more about leadership.

**Strategic Planning:** Commanders and Vice Commanders and others will learn how to put their Strategic Plan together. Good class for those in operations who want to further effective programs and operations.

**AUXCOM:** One of the three core-required AuxOp courses. AuxCom or Communications Specialty Course will teach you all about radio operations needed for the Auxiliary.

**NavRules:** Required to be a Coxswain and teaches you the "rules of the road" to be a good boater.

**Operations Workshop/GAR:** The 2011 operations workshop with current information from District. As a bonus to this class, OTO Sean McGarigal will be teaching you all about the risk assessment form and it's purpose. Great class to prepare for patrol season.

**VE Tactical Plan:** The new 5NR RBS Tactical Plan has been completed. For many vessel examiners, this plan will represent significant change. This program will explain this initiative and serve to speed its implementation.

**Operational Excellence:** This program includes both on the water and "pencil and paper" tasks related to search planning. As many Auxiliarists who might participate in the program have limited familiarity with search and rescue planning, this session will provide an overview of the search and rescue process, including all you need to know about search planning to complete the operational excellence tasks.

**PE Tactical Plan:** Harvey Montor will be presenting the Public Education segment of the RBS Tactical Plan. It will include Leadership, Human Resources, Readiness, & Computers/Communication.

**Communications Workshop:** Review and learn the proper procedures for radio operations. Get updated info you need to be a good radio communicator.

**Paddle Sports:** A very popular class at the fall conference. Learn how to instruct this program and the important items about the popular sport of paddling you need to know and should be spreading to the public.

**PA Social Media:** KC Murphy will be leading this Public Affairs program. Learn to modernize your PA program.

**Color Guard Training:** This training will cover protocol, and the proper ways to conduct funeral details, folding of the flag, presentation of the colors and proper uniforms. Learn from the District Color Guard staff and improve your presence.

## UNIFORM OF THE DAY

Friday Afternoon/Evening: Casual, no uniforms

Saturday before 1800: Tropical Blue **OR**  
Appropriate Civilian Attire

Saturday after 1800: Dinner Dress White Jacket **OR**  
Dinner Dress Blue (White Shirt,  
Bow Tie, Miniature Medals) **OR**  
Appropriate Civilian Attire



Sunday morning: Casual, no uniforms



## SPOUSE & GUEST PROGRAM

Join the ladies for an old fashioned Victorian Tea. The host Anne Marie Shuey Wells will be in Victorian Attire, and if you own any Victorian or classic clothing, hat or gloves, we encourage you to dress for the occasion. You will learn a little tea history and folklore while sampling tea, sandwiches and scones. If you can bring your own teacup and saucer that would be great. This will be a fun and relaxing time of vintage socializing. We will meet in the hospitality suite at 0930 and finish by noon for those who wish to attend the luncheon.

The cost per guest is \$5.00 at the door, please register on the enclosed form. See you at the tea!

## Victorian



### Do you want to help at conference, on-site help needed.

We are looking for assistants to help at conference. We want to talk to you if you could help at registration, help taking tickets at meals, or other tasks.

We would also like a person(s) to operate a booth to help guide members on how to order uniforms and items online from the appropriate order centers.

Please contact Kevin Tyler – [ktyler@ptd.net](mailto:ktyler@ptd.net)  
or 717-465-7994

# SPRING 2011 CONFERENCE REGISTRATION FORM

Additional forms may be copied or online at [www.5nr.org](http://www.5nr.org) – Make sure you send both pages!

**EVERY attendee needs to submit a registration form and registration fee, whether funded or not.**

## REGISTRATION DEADLINE: **3 MARCH 2011**

Note the name, meal(s) and function selection(s) for each attendee, total the cost, and submit a check for that amount. Remember 1 form (2 pages) per registered attendee!

**Please Check One:**

☐ DIRAUX FUNDED – Pay in FULL and submit for reimbursement. (i.e. DCDR)

☐ DISTRICT FUNDED – Pay \$7.50 registration fee. (i.e. DSO)

☐ NON-FUNDED – Pay in FULL for selected options (i.e. members & guests)

EACH  
PERSON  
ATTENDING  
NEEDS A  
FORM

QUESTIONS? Please Email Kevin Tyler at [ktyler@ptd.net](mailto:ktyler@ptd.net) or call 717-465-7994

**PLEASE COMPLETE ALL INFORMATION:** Member Number or N/A: \_\_\_\_\_

First Name \_\_\_\_\_ Last Name \_\_\_\_\_ MI \_\_\_\_\_ Suffix \_\_\_\_\_

Mailing Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Best Phone # to reach you \_\_\_\_\_ Email \_\_\_\_\_

Please check one:

DIVISION # \_\_\_\_\_ Flotilla # \_\_\_\_\_ Member \_\_\_\_\_ Guest of Member \_\_\_\_\_ Invited Guest \_\_\_\_\_

If a guest of a member which member? \_\_\_\_\_ Are you staying at the Hotel? Yes No

### Workshop/Event Schedule – Please check the box for the program you plan to attend.

GOLF OUTING (Friday 1130-1600) MUST PRE REGISTER - Register using the form enclosed  
Or with John Tredinnick by email at: [tredinnick3@verizon.net](mailto:tredinnick3@verizon.net)

AUXCOM (Communications) - ALL 3 DAYS REQUIRED

Spouse/Guest Program – SATURDAY 0930-1200

Navigation Rules – ALL 3 DAYS REQUIRED

Paddle Sports – SATURDAY 1000-1200

TCT (Full 8 hr) - FRI 1200-1600 & Sat. 0800-1200

Color Guard Training – SATURDAY 1000-1200

ICS 210 Full Course – FRI 1200-1730 & SAT 0800-1200

PA Social Media – SATURDAY 1400-1600

Flotilla Leadership - Fri. 1300-1730 & Sat. 0800-1700

Communications Wksp – SATURDAY 1400-1700

Operations Workshop/GAR – SATURDAY 0800-1200

Strategic Planning - SATURDAY 1400-1700

Operations Workshop/GAR – SATURDAY 1400-1700

Operational Excellence – SATURDAY 1400-1700

VE Tactical Plan – SATURDAY 0800-1200

PE Tactical Plan – SATURDAY 1400-1700



Let us know your thoughts good or bad, we are using your comments to improve the conference.

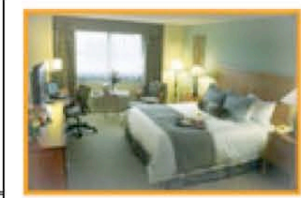
# SPRING CONFERENCE HOTEL RESERVATIONS

**DOLCE**  
HOTELS AND RESORTS  
VALLEY FORGE



## About Valley Forge

Located just 30 minutes from Philadelphia International Airport, the Dolce Valley Forge hotel sits amid nine acres of lush landscape in King of Prussia, PA. With 327 newly renovated guestrooms, world-class dining and state-of-the-art Valley Forge conference facilities, this hotel offers guests relaxed luxury and utter convenience.



**Dolce Valley Forge**  
**301 West Dekalb Pike**  
**King of Prussia, PA 19406**  
**Phone - 877-851-5551 or 610-337-1200**

## DIRECTIONS TO DOLCE VALLEY FORGE HOTEL

Located near the Pennsylvania Turnpike and the Schuylkill Expressway, just 20 minutes from downtown Philadelphia and 30 minutes from Philadelphia International Airport, getting to this Philadelphia hotel is easy. Below are directions to help you find us. If you have any questions prior to your arrival at our beautiful suburban Philadelphia hotel, please don't hesitate to contact us. We look forward to welcoming you to Dolce Valley Forge hotel.

### From the Northeast

Take the New Jersey Turnpike South to the Pennsylvania Turnpike Exit 6. Follow the Pennsylvania Turnpike West to Exit 326 (Valley Forge). After the toll plaza, take the third right, Exit 328 (Route 202 North - King of Prussia). Dolce Valley Forge hotel is one mile on the right.

### From the South

Take 95 North to Route 476 North (Exit 7). Take 76 West (Schuylkill Expressway) following signs for Valley Forge to Exit 328 (Route 202 North - King of Prussia). Dolce Valley Forge hotel is one mile on the right.

### From the East

Take the Atlantic City Expressway to Route 42 to the Walt Whitman Bridge. Follow 76 West (Schuylkill Expressway) to Exit 328 (Route 202 North - King of Prussia). Dolce Valley Forge hotel is one mile on the right.

### From the West

Take the Pennsylvania Turnpike to Exit 326 (Valley Forge). After the toll plaza, take the third right, Exit 328 (Route 202 North - King of Prussia). Dolce Valley Forge hotel is one mile on the right.

## ROOM RESERVATION INFORMATION

Reservation DEADLINE is 3 MAR 2011

### 3 Ways to Register

(Note: some codes are different)

1. ONLINE DIRECT to Reservations:  
<https://resweb.passkey.com/go/0324USCG>

OR

2. ONLINE at National: [www.dolce.com](http://www.dolce.com)  
Use Group Code: 0324USCGA

OR

### 3. PHONE:

1-800-879-8372 - Toll Free  
610-337-1200 - Local  
State that you are with the  
**U.S. Coast Guard Auxiliary**  
Group Code: 0324USCGA

Reserve with a credit card:  
Occupancy - Single or Double  
Bed choice 2 Doubles or 1 King  
Please advise the hotel of any  
Handicap Requirements

**Rate: \$89.00 + Tax per night**

Rooms are by First Availability...Call today

**Those members on the**  
**Rooming list do NOT need to call**  
**for reservations.**  
**Call Kevin Tyler with ANY questions.**

**Your Credit Card will be needed at check  
in at hotel.**





Please join us on Friday, March 25, 2011, at Westover Country Club, Eagleville, PA for a Spring has Sprung Golf Outing at the Fifth Northern Region 2011 Auxiliary Spring Conference.

Westover CC  
401 S. Schuylkill Ave  
Eagleville, PA 19403  
(610) 539-4500

**AUXILIARY, ACTIVE DUTY and ALL ATTENDEE's WELCOME TO PLAY!!**

Westover Country Club holds its place as one of the finest golf facilities in the Delaware Valley. With its scenic fairways, Westover is a favorite for beginner to expert golfers.

- A quick 10-minute ride from the Dolce Hotel and Resort Valley Forge.
- Join us as a single player for \$30 (includes 18 holes of golf and cart).
- Refreshments will be provided; complements of your 5 NR Executive Committee.
- Golfers of all levels of experience are welcome, as this outing will be played as a scramble. In a scramble, each player tees off on each hole. The best of the tee shots is selected and all players play their second shots from that spot. The better of the second shots is determined, and then all play their third shots from that spot, and so on until the ball is holed.

11:30 AM Sign-in 12:00 PM Shotgun Start

Register at [Tredinnick3@verizon.net](mailto:Tredinnick3@verizon.net) by February 28<sup>th</sup>.  
In the meantime, have questions?  
Contact John Tredinnick at (856) 869-9868



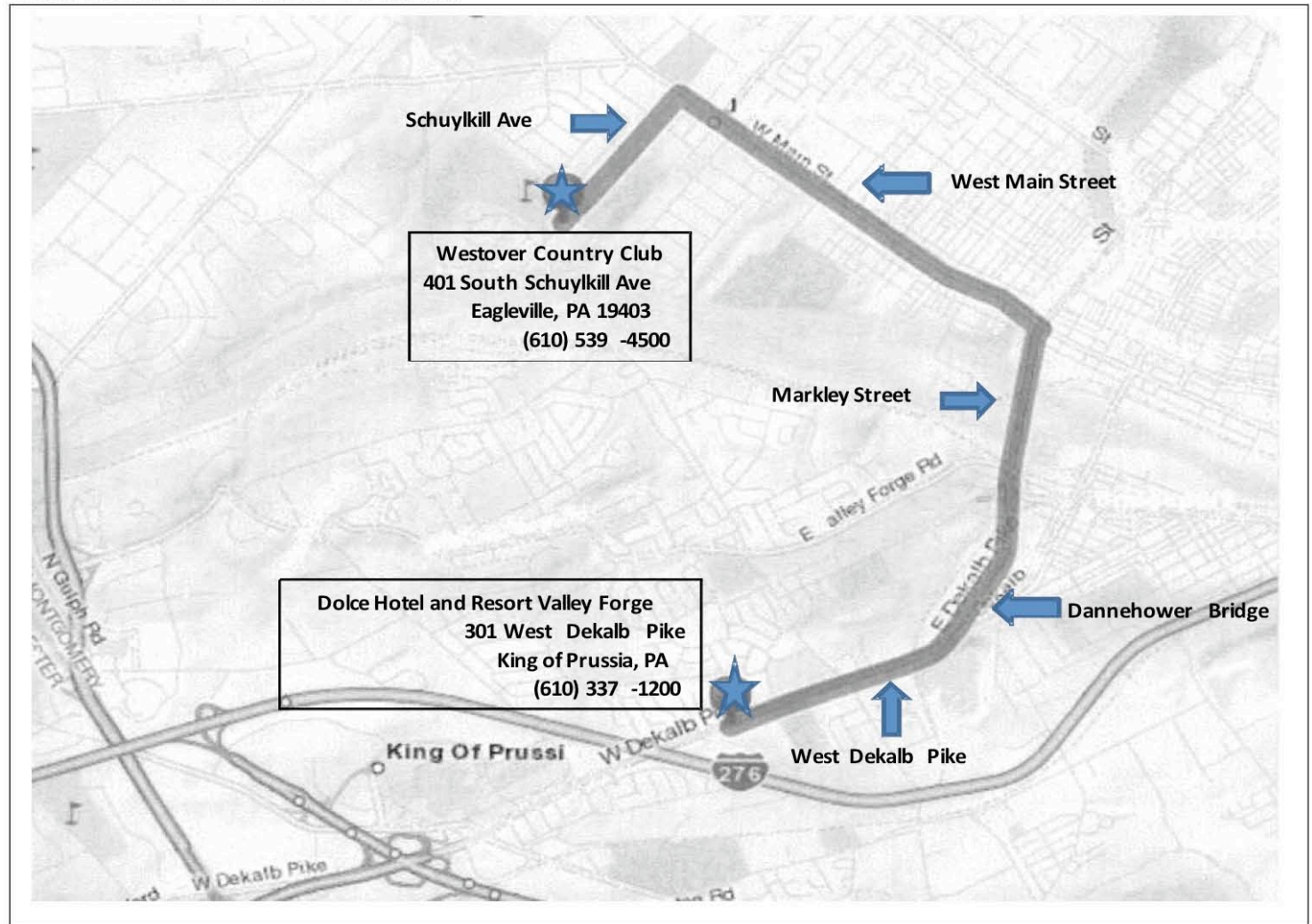
Name: \_\_\_\_\_ E-mail address: \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_  
State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ Phone number: \_\_\_\_\_

Name of Player	E-mail Address of Player
1.	1.
2.	2.
3.	3.
4.	4.

*We will honor foursome preferences as much as possible; therefore, if you have a preference, please advise.*

Please mail registration form and check to: John Tredinnick, 82 Elgin Ave, Westmont, NJ 08108 not later than February 28, 2011. Checks should be made payable to: John Tredinnick.

## DIRECTIONS TO GOLF OUTING:



### Directions to Westover Country Club from Dolce Hotel and Resort Valley Forge

1. Start out going **NORTH** on **W DEKALB PIKE/US-202N** toward **KINGS CIRCLE**. Continue to follow **WEST DEKALB PIKE**. Go 1.8 miles.
2. **WEST DEKALB PIKE** becomes **DANNHOWER BRIDGE**. Go 0.4 miles.
3. **DANNEHOWER BRIDGE** becomes **MARKLEY STREET**. Go 0.1 miles.
4. Turn **LEFT** onto **WEST MAIN STREET**. Go 1.7 miles.
5. Turn **LEFT** onto **SOUTH SCHUYLKILL AVE**. Go 0.7 miles.
6. The **WESTOVER COUNTRY CLUB, 401 SOUTH SCHUYLKILL AVE** is on the **RIGHT**

Total Travel Estimate: 4.72 miles – 10 minutes